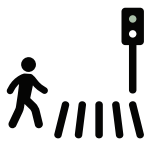


# WalkBoston's Greatest Hits for Age-Friendly Walking

*Practical steps municipalities can take to help older adults age in community*

## INFRASTRUCTURE



Make street crossings safer with longer WALK times, raised crossings, bump outs, signals, and many other options



Provide large type/well-lit street signs and wayfinding



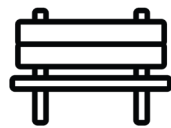
Identify and mark publicly accessible toilets



Improve night lighting



Make bus and transit stops fully accessible



Provide lots of benches



Plant lots of shade trees



Make sure that parks are age-friendly (e.g. benches, shade, smooth walking paths)

## POLICIES AND PRACTICES



Include seniors in municipal infrastructure planning



Provide an explicit budget for sidewalk installation and maintenance



Establish age-friendly partnerships among municipal departments (e.g. library-council on aging; disabilities commission-public works)



Slow traffic (with traffic calming and reduced speed limits) and add "Senior Slow Zones" (like school zones)



Through zoning and planning, build senior-serving facilities (housing, senior centers, clinics) in the most walkable locations in town



Review municipal plans with an age-friendly lens



Enact and enforce sidewalk snow shoveling



Lead age-friendly walk audits with seniors and municipal staff (from transportation, public works, police, council on aging, elected officials)